



FOLLOW US [f](#) [t](#) [i](#) [c](#) [u](#) Facebook – Seven Springs • Twitter- @7SpringsPA • Instagram - @7SpringsPA • Snapchat - SevenSpringsPA

Sporting Clays



What is sporting clays? Patience. Precision. But mostly exhilaration! Unlike trap and skeet, sporting clays targets are thrown in a great variety of trajectories, angles, speeds, elevations and distances, which simulates actual hunting conditions.

Seven Springs Sporting Clays complex features three courses, two standard courses and one super sporting course, with multiple stations. To better serve our shooters, reservations are required at all times for the Sporting Clays Course. Call Ext 7899 to make reservations.

Hours: Fri. & Sat., 9am - 4pm; Sun., Closed for Bad Clay Shoot; Mon. - Thurs., 9am - 4pm

All-Day Adventure Pass



Calm down! Get out of town! Take a hike! You can do all of that and more this summer at Seven Springs Mountain Resort!

The All-Day Adventure Pass is your golden ticket to adventure all over the mountain! Climb to the top of the Alpine Tower, take the Rock Wall Challenge, twist and turn down the Alpine Slide and so much more!

Get your All-Day Adventure Pass at the Adventure Center, located on the lower level of the Ski Lodge.

Golf Course

Experience challenging terrain and magnificent views at Seven Springs' par 71 mountaintop golf course. Tee Times are required. Please call 866-437-1300 to reserve your space.

Hours: Open Daily, 8am



House Guest Rates

	18 Holes	9 Holes
Monday - Friday	\$65	\$48
Saturday & Sunday	\$75	\$50

Highlands Golf Rate

Monday - Friday Only	\$100
Play 36 holes between Seven Springs and Hidden Valley	

THINGS TO DO

Screaming Hawk Zipline



Defy gravity and soar above Seven Springs Mountain Resort on the Screaming Hawk Zipline Course! Just lift your feet, lean back and enjoy this adrenaline-filled ride as you fly down nearly 2,000 feet of ziplines. The Screaming Hawk features a cargo climb, four zips, sky bridge and auto belay. You'll

feel like you're flying on this thrilling, high-speed adventure! Book your adventure on the Screaming Hawk Zipline today. Advance reservations are highly recommended. Walk-ins are accepted based on availability.

Make your reservations now by calling ext. 7997.

The Screaming Hawk Zipline is located at the Tubing Lodge, at the end of the Main Lodge Parking lot.

Take A Hike!

Enjoy the finest outdoor experience around at Seven Springs Mountain Resort! Hiking is one of the most healthy and environmentally-friendly ways to have fun! Whether you're looking for solitude or a way to reconnect with family, escape the "real world" and immerse yourself in nature's splendor and tranquility on our miles and miles of hiking trails.

Download the Hiking Trail Guide at

7springs.com/summer/hiking-mountain-biking/

Bavarian Beach Outdoor Pool



What better way to cool off after a warm summer day than a leisurely swim? Unwind after an exciting day and watch the sunset, take a few laps for a great workout or splash around with the kids!

**OUTDOOR POOL FOR LODGING GUESTS ONLY
FRIDAYS THROUGH SUNDAYS**

**INDOOR POOL FOR LODGING GUESTS ONLY
AND IS SWIM AT YOUR OWN RISK**

As occupancy is limited at the Bavarian Beach Pool area and the indoor pool and with a high hotel occupancy each weekend for the rest of the summer, we are limiting these areas to lodging guests only on Friday through Sunday, so that they may enjoy these amenities

If you are not a lodging guest, we invite you to utilize our swimming pool areas Mondays through Thursdays.

Hours: Daily, 11am - 8pm; Hours are weather permitting.

Where Are You Dining?



Slopeside - ext.6000

Open for breakfast, lunch and dinner! With it's amazing views, Slopeside Restaurant at Seven Springs features a casual, relaxed, family-friendly atmosphere to dine and enjoy the mountains. Located on the fourth floor of the Main Lodge, near Center Lobby.

Hours: Daily, 7am - 9pm

Helen's - ext.7827

With distinct, authentic culinary creations and a rustic atmosphere that will take you back in time, Helen's Restaurant meets even the highest expectations. Located adjacent to the Ski Lodge. Reservations are strongly recommended!

Hours: Fri. & Sat., 5-10pm; Sun., 5-9pm; Mon. - Tues., Closed; Wed. - Thurs., 5-9pm

Jazz Night at Helen's

Join us on Thursdays throughout the summer from 5-9 p.m. for a magical evening of rhythmic live music and unique cuisine at Jazz Night. Reservations are strongly recommended!

More info at <https://www.7springs.com/resort/helens/>

Mountain Pizza - ext.7635

Indulge in our fresh hot-out-of-the-oven pizza with your choice of toppings. Or try one of our hoagies, grinders or wraps! Room delivery is available. Located on the fourth floor, Main Lodge.

Hours: Fri. & Sat., 11am - 10pm; Sun., 11am - 4pm; Mon. - Thurs., 12 - 8pm

Bavarian Lounge - ext.6000

The original barroom at the resort features a brand new look with the same cozy feel. Grab a craft beer, nosh on Chef Sandro's delectable bar food creations, devour the nostalgia.

Hours: Fri. & Sat., 11am - 10 pm; Sun. - Thurs., 11am - 9 pm

Grille at Sporting Clays - ext.7110

Stop by the The Grille at Sporting Clays for a cold beverage or a bite to eat. The menu offers a variety of appetizers, sandwiches, entrées and desserts ranging from truly classic American to the completely unexpected.

Hours: Fri. 11am - 9pm; Sat., 11am - 3pm; Sun. 11am - 7pm; Mon., 11am - 5 pm; Tues., Closed; Wed. & Thurs. 11am - 5pm

Gingerbread Dreams - ext.7486

Our ice cream parlor offers sundaes, cones and more! Also offering hot chocolate and coffee, or take some fudge to go

Hours: Fri., 4 - 10pm; Sat., 11am - 10pm; Sun., 10am - 5pm; Mon. - Thurs., 4 - 9pm

Bavarian Beach

Have a refreshing cocktail outdoors while enjoying the summer weather. Also serving sandwiches and light food, located beside the outdoor pool.

OUTDOOR AND INDOOR POOLS FOR LODGING GUESTS ONLY! FRIDAYS THROUGH SUNDAYS.

Hours: Daily, 11am - 8pm
Hours subject to change due to weather.

Slopeside Buffets - ext.6000



Fish Fry-day Buffet: Friday, 4-9 pm

Start your weekend off the western Pennsylvania way with a traditional Fish Fry at the Slopeside! Our Fish Fry-day Buffet attendants will be serving: Chef's soup selection, traditional mixed salad and three seasonal favorites, classic fried fish sandwiches and southern style

hush puppies, fried shrimp and scallops, grilled or baked fish with rice pilaf, haluski, pierogies, chef vegetable and desserts!

Adults: \$27 • Children \$15 (ages 11 and under)

Ages 5 and Under: Free



Breakfast Buffet: Friday, Saturday & Sunday, 7-11 am

The perfect way to start your day! The Slopeside Breakfast Buffet features fresh fruit, yogurt, and breakfast classics like waffles, eggs, bacon, sausage, assorted breads, breakfast pastries and more!

Adults: \$17 • Children \$8 (ages 11 and under)

Ages 5 and Under: Free

Mountain Perk - ext.7533

Jump start your day with a cup of Starbucks® coffee, along with a fresh baked bagel, pastry or breakfast sandwich

Hours: Fri. - Sun., 7 - 11am; Mon. & Tues., Closed; Wed & Thurs., 7 - 11am

Tee Top Lounge - ext.7143

Before, during or after your round of golf, stop up at the Tee Top Lounge to enjoy a sandwich, beverage and incredible views of the Laurel Highlands.

Hours: Fri. & Sat. 9am - 7pm; Sun. - Thurs. 9am - 5pm.

Hours subject to change due to weather and tee times.

Tahoe Lodge

Grab a snack or a drink while you are having fun at our Lake Tahoe Activities

Hours: Fri. Closed; Sat. & Sun. 11am - 4pm; Mon. - Thurs. Closed

HIGHLANDS MARKET

The Highlands Market is a boutique country market offering local artisan products and also features the freshest meats, cheeses, breads and specialty items as well as anything else you would need during your stay.

The market proudly offers delectable prepared foods created by our culinary team to take back to your cabin or condo or enjoy in our cafe.

Order your favorite sandwich to go
by calling 814-352-2046.

The Highlands Market also features a wide selection of wine, craft beer and domestic beer. Pick up a bottle of your favorite white or red, or a six-pack, 12-pack or variety pack from your favorite brewery!

The Highlands Market is located less than one mile west of the Main Gate of Seven Springs Mountain Resort on County Line Road.

Hours: Fri. & Sat. 8am - 8pm; Sun.-Thur. 8am - 6pm

ADVENTURES AWAIT!

HOURS OF OPERATION

Adventure Center	Daily, 11a - 5p
Alpine Slide	Daily, 11a - 5p
Alpine Tower	Fri., 11a - 3p; Sat. & Sun., Closed; Mon.-Thurs., 11a - 5p
Bear Trap Fun Zone Game Room	Daily, 12p - 8p
Bowling	Daily, 12p - 8p
Cortina Chairlift	Daily, 11a - 5p (last ride up at 4:45p)
Disc Golf	Daily, 11a - 5p
Fishing	Please call Ext. 7899 for more info.
Golf Course	Daily, 8a. Tee Times Ext. 7997
Indoor Pool	Daily, 11a - 8p Lodging Guests Only. Swim at your own risk. No lifeguard on duty.
Lake Tahoe Adventures Padelboats, Hydrobikes, Paddleboards, Kayaks	Daily, 11a - 4p
Miniature Golf	Daily, 12p - 8p
Outdoor Pool	Daily, 11a - 8p; Lodging Guests Only Fri - Sun. Public Mon. - Thurs.
Rockwall	Daily, 11a - 5p
Screaming Hawk Zipline	Reservations required. Please call Ext. 7997
Season Pass Office	Daily, 9a - 4p
Segways	Reservations required. Please call Ext. 7997
Sporting Clays	Reservations beginning at 10a Daily, Call Ext. 7899
Stables	Reservations required. Please call Ext. 7997
Summer Tubing	Fri. - Thurs. 11a - 5p

**All hours for indoor and outdoor activities are subject to change without notice and are weather permitting.*

Fly Fishing & Fish for Fun

The peaceful private waters of Seven Springs Mountain Resort provide fishers of all abilities with incredible opportunities. Here at Seven Springs, you will experience world class fishing, while creating memories to last a lifetime.

Fishing permits are required and can be purchased at the Sporting Clays Lodge or Hotel Front Desk. Call ext. 7899 for more information.

Hours: Sporting Clays Lodge Open Daily, 9am - 4pm

THINGS TO DO

Trillium Spa - ext.7123



Relax, unwind and renew!

Seven Springs Trillium Spa is a sanctuary unlike any other. Ideal for first-time and veteran spa-goers, Trillium is the perfect place to escape the stress and commotion of everyday life. Trillium Services include Massage, Couples Treatments, Manicures, Pedicures, and more!

Reservations are required. Please call ext. 7123 to make your appointment.

Hours: Fri. & Sat. 10am - 6pm; Sun. - Thurs. 10am - 5pm

Trillium Salon

Looking for a quick trim or hair style for a special event? Trillium Salon offer hair services for women, men and children. We also offer bridal make up consultation and application.

Hours: Fri. Closed; Sat. 9am - 5pm; Mon. - Thurs. Closed

SHOPPING

Signature by Seven Springs

Featuring a wide array of men's, women's and children's apparel, products and gear from all of your favorite brands. Novelty items, artwork and Seven Springs items are also available, as well as a selection of beverages. Located on the fourth level of the Main Lodge.

Hours: Fri. & Sat., 9am - 5pm; Sun. - Thurs. 9am - 4pm

Season Pass Office

Already ready to hit the slopes next year? We are extending the deadline for the discounted price to August 15. As always, if you purchase your 2020-2021 ski season pass with cash or a check prior to August 15, 2020, you SAVE 5%!

You can also purchase your Golf, Fishing or Sporting Clays Memberships for the 2020 season!

Hours: Daily, 9am - 4pm

THE ULTIMATE BACKYARD



TOWNHOME & CONDOMINIUM
RESALES STARTING AT \$100,000+
Our office is open by appointment only!

800.227.7502 | HighlandsResortRealty.com



In response to COVID-19, Seven Springs Mountain Resort has instituted a variety of new policies and procedures designed to protect the health and safety of its guests and resort professionals. Seven Springs will continue to comply with all Pennsylvania Department of Health and State mandates regarding closures, health and well-being protocols and following all Center for Disease Control and Prevention (CDC) guidelines regarding cleaning and disinfecting as well as social distancing.

To Read More About Our Clean & Safe Guidelines,
please visit 7springs.com/clean-and-safe

